

as of 7/27/09



2009 Cross Country Meet Schedule (Updated 09/06/09)

Day	Date	Event	Location	Time
Mon.	9/7	RSM 5K	City Hall, RSM	7:00 AM
Sat.	9/12	Laguna Hills Inv	LHHS	7:30 AM
Wed.	9/16	vs Edison	SMHS	4:00 PM
Sat.	9/19	Jog-a-thon	SMHS	7:30 AM
Thu.	9/24	League Previews (All league teams) ***	Central Park, HB	1:30 PM
Sat.	9/26	Sunny Hills Inv	SHHS	7:30 AM
Sat.	10/3	Yucaipa Invitational	YHS	7:45 AM
Sat.	10/10	Central Park Inv.	Central Park, HB	8:00 AM
Sat.	10/17	Orange County Championships	Irvine Park	8:00 AM
Fri.	10/23	Mt. SAC Invitational	Mt. SAC	TBA
Fri.	11/06	League Finals ***	Central Park, HB	1:30 PM
Sat.	11/14	C.I.F. Prelims	Mt. SAC	TBA
Sat.	11/21	C.I.F. Finals	Mt. SAC	TBA
Sat.	11/28	California State Meet	Woodward Park, Fresno	TBA

Trinity League Meets ***