2008

The following items need to be taken care of in order to compete on the SMHS Boys' X-Country team:

1. Physical form on file with the trainer. Due: 7/6/08

2. *Two* emergency cards filled out completely. Due: 7/6/08
   a. 1 for the coach to keep in the medical kit.
   b. 1 for the trainer.

3. Purchase a practice uniform from Coach Z. if necessary. $50.00 Due: 8/23/08

4. Purchase meet shorts from Coach Z. if necessary. $25.00 Due: 8/23/08

5. Signed Diocesan Permission & Release form. Due: 8/23/08

6. Signed travel permission form for practice & meets. Due: 8/23/08

7. Signed Code of Ethics form. Due: 8/23/08

Fees

A. Participation Fee: $100.00 Due: 9/05/08

B. Booster fee - $185.00 Due: 9/05/08 ***
   A jog-a-thon will be run for those who choose to raise funds to pay for any/all the above fees. This fee includes $38.90 worth of Ball Park Pizza scrip that you may use or sell. ***

*** If you plan to use the jog-a-thon to pay this fee please let Coach Z. know, *in writing* , before 9/05/08